

Over 200 different names are used for labelling palm oil products. These can include: Palmate, Palmitate, Glyceryl, Stearate, Stearic Acid, Palm Stearine, Sodium Lauryl Sulfate, Sodium Kernelate.

Chester, UK, is the world's first 'Sustainable Palm Oil' city!

Look for RSPO certification - 'Roundtable on Sustainable Palm Oil'. A boycott would lead to alternatives being grown - which could lead to more destruction. Palm oil trees produce 4-10 times more oil per hectare than soybean, coconut, rapeseed or sunflower oil crops.

Palm oil -driven land use change in Indonesia and Malaysia emits roughly 500 million tonnes of carbon (equivalent) each year, contributing 1.4% of global net emissions.

