

In the UK we grow around 55% of the vegetables we eat. In 2020 we imported £6.4bn worth of fruit and vegetables.

Wondering about carbon emissions related to food? On average 10% of food-related carbon emissions are associated with transportation – here are the numbers shown in an easy-to-read bar chart.

Find out what's in season now @ 'eat the seasons'.



**Eat local.
Eat seasonal.**

How far have your fruit and vegetables travelled before they landed on your plate?

Where do they grow? How do they grow? In which season are they at their best?

Can you be adventurous and choose to eat more seasonal, local produce? Gooseberries, asparagus, radishes and peas?

Find out what else is local and in season this month.

This week's challenge:
17th June

When you've completed this challenge ... Remember to hit the red button!

YOUNG CLIMATE WARRIORS

'Transporting food by air emits 50 times more greenhouse gases than transporting by sea'

